



 *Magic of Change*

Tribe stories

Firsthand Inspirations



In conversation  
with  
Asma Jeelani

Certifications in Instructional Designing,  
Psychometric testing, masters and MPhil in Business  
administration.

NLP Practitioners & Master's and Beyond Master's  
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# 1 About Asma

Hi, I'm Asma Jeelani! I'm passionate about helping people grow and creating meaningful learning experiences. I love connecting with others, learning from different perspectives, and making a difference in their journeys. My vibe? Warm, energetic, and always ready to collaborate!

*If your life had a mascot or avatar, who*

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*or what would it be?*

*How does it represent you?*



If I had a mascot, it would be a phoenix. It's all about resilience and starting fresh—rising stronger after every challenge. That's exactly how I see life: every setback is a chance to learn, grow, and come back even better.

### 3 *What's your "life hack" for staying positive or overcoming challenges?*



I like being true to who I am, taking strength from the present moment, and moving forward with the belief that each day holds its own light. For me, it's about trusting myself, staying consistent, and making progress—one step at a time.

Challenges have been incredible learning opportunities for me. They've helped me reinforce my belief in myself and my values, while also teaching me new ways to approach and view things. I see them as steps that strengthen my conviction and help me grow.

Describe *Magic of Change* in *one word*  
**4** and explain why you chose it.



Transformative—because it's not just about learning something new. It's about unlearning, rediscovering yourself, and evolving in a way that truly matters. It helps you see things differently and make real, meaningful changes in your life.




**5** What's a lesson or perspective from Magical Rafi or the workshops that has stayed with you and why?

One lesson that's stuck with me is "Embrace yourself and the discomfort of growth." It's such a simple yet powerful idea. Growth isn't always easy, but stepping out of your comfort zone is where the magic happens. It's a reminder that every challenge is a chance to grow.



# 6 Spark of Values

**Transformation** makes me think of change that truly matters—growing, learning, and becoming a better  version of myself. It's like turning challenges into opportunities to improve and shine.



**Growth** is all about moving forward, even if it's just one step at a time. It's learning new things, trying something different, and knowing that every experience helps me get better.

**Courage** is about facing fears and acting, even when it feels scary. It's having the strength to go for what I want and stand up for what I believe in.

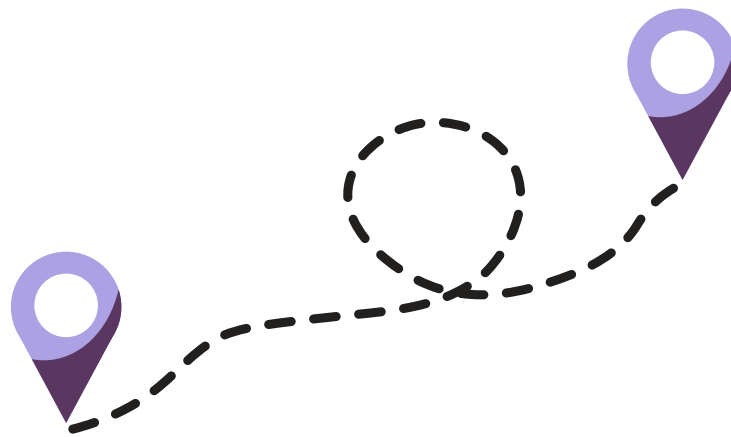


**Joy** is the simple, happy moments that make life beautiful—like a good laugh, spending time with loved ones, or just enjoying the little things.

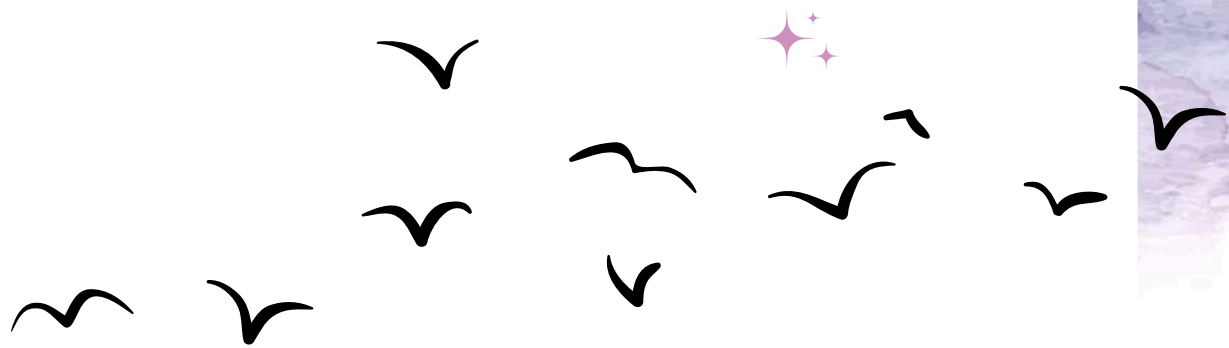
**Purpose** is what gives life meaning. It's knowing what I stand for, what I want to do, and how I can make a difference in my own way.



What would you say to someone yet to  
**7** experience the magic?



Magic of Change is so much more than a workshop—it's a journey that helps you reconnect with yourself. It challenges you to think differently, push past limits, and grow in ways you didn't think were possible. If you're ready to explore your potential, this is the place to start. Go in with an open mind, and you'll come out with a transformed outlook on life!



Thank you, Asma, for being a beacon of positivity and dedication. Your ability to uplift others and approach every task with care and thoughtfulness is truly inspiring. We are grateful for the warmth and passion you bring to everything you do.